

SAMPLE ACTIVITIES CALENDAR

<i>sun</i>	<i>mon</i>	<i>tue</i>	<i>wed</i>	<i>thu</i>	<i>fri</i>	<i>sat</i>
*Activities are subject to be changed or cancelled due to poor weather, availability of supplies, or illness in the facility.	1 <i>10:00- Walk-aholics Club</i> 11:00- Reading Time w/ Sam (Piano Room) 1:00- Board Games (AR) 2:00- Bingo! (AR) 6:15- FHE w/ the Branch	2 11:00- Exercise Class with Pointe Meadows 1:00- Popcorn and Karaoke in the Theater 3:00- Tech Talkers (TR) 4:00- Pictionary (AR)	3 <i>Podiatrist Coming</i> 11:00- Lemonade on the Front Porch 1:00- Card Sharks (AR) 2:00- Sensory Hour in the Activity Room 3:00- Watercolors for Beginners (AR)	4 11:00- Trip to Barnes and Noble Booksellers (<i>sign up at front desk</i>) 2:00- Bingo! (AR) 3:00- Wii Bowling Tournament in the Theater Room 4:30- Crochet Circle (PR)	5 11:00- Sit and Fit Exercise Class (ER) 2:00- “Come Follow Me” w/ the Missionaries 3:15- Movie in the Theater Room	6 <i>Games and Activities available all day.</i>
7 9:30- Music & the Spoken Word (BYUtv) 11:00- LDS Church Services (PR) 2:30 - Card Games and Puzzles (AR)	8 <i>10:00- Walk-aholics Club</i> 11:00- Reading Time w/ Sam (Piano Room) 1:00- Board Games (AR) 2:00- Bingo! (AR) 6:15- FHE w/ the Branch	9 11:30- Self-Guided Exercise Time (ER) 1:00- Popcorn and Karaoke in the Theater 3:00- Tech Talkers (TR) 4:00- Rummikub (AR)	10 11:00- Book Club in the Piano Room 1:00- Card Sharks (AR) <i>2-5 - Hair Cut Day</i> 2:00- Sensory Hour in the Activity Room 3:00- Arts, Crafts, and a Show! (AR)	11 10:30- Walmart Trip (<i>sign up at front desk</i>) 2:00- Bingo w/ Cascade! 3:00- Wii Bowling Tournament in the Theater Room 4:30- Crochet Circle (PR)	12 11:00- Chair Yoga (ER) 2:00- “Come Follow Me” w/ the Missionaries 3:15- Movie in the Theater Room	13 <i>Games and Activities available all day.</i>
14 9:30- Music & the Spoken Word (BYUtv) 11:00- LDS Church Services (PR) 2:30 - Card Games and Puzzles (AR)	15 <i>10:00- Walk-aholics Club</i> 11:00- Reading Time w/ Sam (Piano Room) 1:00- Board Games (AR) 2:00- Bingo! (AR) 6:15- FHE w/ the Branch	16 11:30- Self-Guided Exercise Time (ER) 1:00- Chocolate Fondue Party (Activity Room) 3:00- Tech Talkers (TR) 4:00- Pictionary (AR)	17 11:00- Lemonade on the Front Porch 1:00- Card Sharks (AR) 2:00- Sensory Hour in the Activity Room 3:00- Handmade Bracelets (AR)	18 11:00- Lunch at Jim's Family Restaurant (<i>sign up at front desk</i>) 2:00- Bingo! (AR) 3:00- Wii Bowling Tournament in the Theater Room 4:30- Crochet Circle (PR)	19 11:00- Sit and Fit Exercise Class (ER) 2:00- “Come Follow Me” w/ the Missionaries 3:15- Movie in the Theater Room	20 <i>Games and Activities available all day.</i>
21 9:30- Music & the Spoken Word (BYUtv) 11:00- LDS Church Services (PR) 2:30- Card Games and Puzzles (AR)	22 <i>10:00- Walk-aholics Club</i> 11:00- Reading Time w/ Sam (Piano Room) 1:00- Board Games (AR) 2:00- Bingo! (AR) 6:15- FHE w/ the Branch	23 11:30- Self-Guided Exercise Time (ER) 1:00- Popcorn and Karaoke in the Theater 3:00- Tech Talkers (TR) 4:00- Rummikub (AR)	24 11:00- Book Club in the Piano Room <i>2-5 - Hair Cut Day</i> 2:00- Resident Council (<i>all residents welcome!</i>) 4:00- Sensory Hour in the Activity Room	25 11:00- Bus Ride 2:00- Bingo! (AR) 3:00- Wii Bowling Tournament in the Theater Room 4:30- Crochet Circle (PR)	26 11:00- Chair Yoga (ER) 2:00- “Come Follow Me” w/ the Missionaries 3:15- Movie in the Theater Room	27 <i>Games and Activities available all day.</i>
28 9:30- Music & the Spoken Word (BYUtv) 11:00- LDS Church Services (PR) 2:30 - Card Games and Puzzles (AR)	29 <i>10:00- Walk-aholics Club</i> 11:00- Reading Time w/ Sam (Piano Room) 1:00- Board Games (AR) 2:00- Bingo! (AR) 6:15- FHE w/ the Branch	30 11:30- Self-Guided Exercise Time (ER) 1:00- Popcorn and Karaoke in the Theater 3:00- Tech Talkers (TR) 4:00- Pictionary (AR)	31 10:30- Bus Ride 1:00- Card Sharks (AR) 2:00- Sensory Hour in the Activity Room 3:00- Beginners' Felting Class (AR)	<i>Happy Birthday!</i> John - 4th Jim - 16th Gayle - 28th	<u>Activity supplies always available upon request:</u> Coloring Supplies Word Searches Crossword Puzzles Watercolor Supplies Books Movies	(PR) - Piano Room (ER) - Exercise Room (AR) - Activity Room (DR) - Dining Room (TR) - Theater Room